
SAINT LOUIS UNIVERSITY
ADAM QUESTIONNAIRE
ANDROGEN DEFICIENCY IN AGING MALES

1. Do you have a decrease in libido (sex drive)? _____
2. Do you have a lack of energy? _____
3. Do you have a decrease in strength and/or endurance? _____
4. Have you lost height? _____
5. Have you noticed a decreased “enjoyment of life”? _____
6. Are you sad and/or grumpy? _____
7. Are your erections less strong? _____
8. Have you noted a recent deterioration in your ability to play sports? _____
9. Are you falling asleep after dinner? _____
10. Has there been a recent deterioration in your work performance? _____



This questionnaire was developed by John E. Morley, M.B., B.Ch. It is to be used solely as a screening tool to assist your physician in diagnosing androgen deficiency.