How Often Should I be Screened for Cancer After Age 50?

Men and Women

Colorectal Cancer
- Fecal occult blood test yearly.
- Colonoscopy every 10 years starting at age 50 and until at least 80 years of age.

Skin
- Do monthly skin self-exam.
- Have your physician look at any new growths or changing moles at least yearly.

Other
- Your physician should check lymph nodes, thyroid, and mouth yearly.

Men

Prostate
- Prostate specific antigen and digital rectal exam yearly until at least 75 years of age.

Women

Breast
- Have your physician examine your breasts yearly.
- Do monthly self-exams.
- Mammograms yearly until at least 80 years of age.

Gynecological
- Have a yearly pelvic exam.