2nd Annual Conference on Alzheimer’s Disease

Evidence-Based Methods to Preserve Brain Function and Prevent Alzheimer’s Disease

Saturday, May 1, 2010
7:45 am - 5:15 pm

Margaret McCormick Doisy
Learning Resources Center
Saint Louis University School of Medicine
3545 Vista Avenue, Saint Louis, MO, 63104

Chairs:
George T. Grossberg, M.D.
Abhilash K. Desai, M.D.
Overview
The conference is intended for physicians, physician assistants, nurses, social workers, long-term care administrators, caregivers and other professionals who care for Alzheimer’s Disease patients in various settings.

Objectives
To update physicians and audience on:

- Current dietary and nutritional approaches to promote brain health.
- Identifying and controlling risk factors that may increase the risk of Alzheimer’s Disease.
- Current known and proposed protective factors for Alzheimer’s Disease.
- Current and future drug therapies which may preserve brain function and prevent Alzheimer’s Disease.

Location
Margaret McCormick Doisy Learning Resources Center
Saint Louis University School of Medicine
3545 Vista Avenue, St. Louis, MO 63104

Free Parking at Hickory East Garage

Accommodations Information
Water Tower Inn on the Saint Louis University Campus. The rate is $75 plus tax per night. Please make your own reservations by calling 314-977-7500.

For Information
Continuing Medical Education
Saint Louis University
Phone: (314)-977-7401
Fax: (314) 977-4533

Sponsored by:
Saint Louis University School of Medicine, Department of Neurology & Psychiatry, Division of Geriatric Psychiatry, St. Anthony’s Medical Center in cooperation with:

2nd Annual Conference on Alzheimer’s Disease
Evidence-Based Methods to Preserve Brain Function and Prevent Alzheimer’s Disease
General Information

Continuing Education

ACCREDITATION: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMERICAN MEDICAL ASSOCIATION: Saint Louis University School of Medicine designates this activity for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PT/PTA CONTINUING EDUCATION: 9.5
State of Illinois Physical Therapy Continuing Education Sponsor License # 216-000085 Expiration Date: 09/30/2010

OT/OTA CONTINUING EDUCATION: 9.5
State of Illinois Occupational Therapy Continuing Education Sponsor License #224-000052 Expiration Date: 12/31/2011
State of Missouri will accept credits for PT/PTA for activities receiving AMA credits.

NURSING CONTINUING EDUCATION: 8
Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Missouri Nurses Association provider # 112-VII.

SOCIAL WORK CONTINUING EDUCATION: 8
Saint Louis University School of Social Work certifies Continuing Education programs in Missouri, and Illinois # 159.000573.

NURSING HOME ADMINISTRATOR CONTINUING EDUCATION
Pending approval for 7.5 credit hours.

VALIDATION OF CONTENT: Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which require that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis
- Saint Louis University School of Medicine will review this activity’s disclosures and resolve all identified conflicts of interest, if applicable.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:45 am</td>
<td>Welcome and Opening remarks</td>
<td>Henry Kaminski, M.D.</td>
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<tr>
<td>7:50 am</td>
<td>Introduction by Chairs</td>
<td>George T. Grossberg, M.D., Abhilash K. Desai, M.D</td>
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<tr>
<td>8:00 am</td>
<td>Complementary and alternative therapies to promote brain health. (Tai Chi, Yoga, Meditation, herbal remedies [ginkgo, ginseng])</td>
<td>Joseph Flaherty, M.D.</td>
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<td>8:45 am</td>
<td>Role of Vitamins and Chemical Chaperones in Promoting Brain Health</td>
<td>James D. Shoemaker, M.D., Ph.D</td>
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<td>9:30 am</td>
<td>Role of neuropsychological testing in assessing cognitive function in adults</td>
<td>Lauren Schwarz, Ph.D</td>
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<td>10:00 am</td>
<td>Questions and Answers</td>
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<tr>
<td>10:15 am</td>
<td>Break</td>
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<tr>
<td>10:30 am</td>
<td>Role of Genetics in Predicting Dementia Risk</td>
<td>W. Maurice Redden, M.D.</td>
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<td>11:00 am</td>
<td>Role of Physical Activity and Exercise to Promote Healthy Brain Aging</td>
<td>Rosemary Norris, P.T., MS</td>
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<td>11:30 am</td>
<td>Questions and Answers</td>
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<td>11:45 am</td>
<td>Lunch &amp; Learn</td>
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<tr>
<td>12:00 noon</td>
<td>Role of nutrition to promote brain health</td>
<td>Abhilash K. Desai, M.D.</td>
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<tr>
<td>12:30 pm</td>
<td>Role of leisure-time activities to promote mental activity</td>
<td>George T. Grossberg, M.D.</td>
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<tr>
<td>1:00 pm</td>
<td>Impact of cardiovascular disease and cerebrovascular burden on brain health</td>
<td>Anjan Bhattacharryya, M.D.</td>
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<tr>
<td>1:45 pm</td>
<td>Role of optimal sleep in promoting cognitive health</td>
<td>Raman Malhotra M.D.</td>
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<td>2:15 pm</td>
<td>Questions and Answers</td>
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<tr>
<td>2:30 pm</td>
<td>Break</td>
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<tr>
<td>2:45 pm</td>
<td>Impact of depression on brain health</td>
<td>Jothika Manepalli, M.D.</td>
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<td>3:15 pm</td>
<td>Importance of Early Stage Programs in promoting better care.</td>
<td>Cheryl Wingbermuehle, LCSW</td>
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<td>3:45 pm</td>
<td>Dementia risk factor index and update on drugs/treatments for AD in the pipeline</td>
<td>George T. Grossberg, M.D.</td>
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<td>4:15 pm</td>
<td>Holistic approach to achieving and maintaining cognitive vitality. Center for Healthy Brain Aging – update.</td>
<td>Abhilash K. Desai, M.D.</td>
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<tr>
<td>5:00 pm</td>
<td>Questions and Answers</td>
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Registration

Saturday, May 1, 2010

TUITION FEE:

SLU Physicians/Residents/Medical Students/Nurses/PAs Complimentary

Non-SLU Physicians $100

Non-SLU Residents/Medical Students $25

Healthcare Administrators/Nurses/Social Workers/Therapists/PAs $75

Caregiver/ Lay Person $50

CANCELLATION & REFUND POLICY:

Prior to April 16, 2010 Refund in full
April 17 - April 26, 2010 Refund less $25
After April 26, 2010 No refund

METHODOF PAYMENT

Make checks payable to “Saint Louis University CME”

SEND REGISTRATION FORM AND PAYMENT TO:

Saint Louis University School of Medicine
Continuing Medical Education
3839 Lindell Blvd.
St. Louis, MO 63106

Online Registration
(preferred method of registration)

http://medschool.slu.edu/cme/alzheimers

The site allows you to:

• Register
• Pay by credit card, if applicable
• Print payment receipt
• Obtain activity update

ONLINE REGISTRATION

Your registration form will be available for online completion on this website starting April 1, 2010.

ONLINE REGISTRATION

Using the site, you can:

• Register
• Pay by credit card, if applicable
• Print payment receipt
• Obtain activity update