PRESENTED BY THE DEPARTMENT OF OBSTETRICS, GYNECOLOGY, AND WOMEN’S HEALTH
SAINT LOUIS UNIVERSITY SCHOOL OF MEDICINE

Friday and Saturday, October 22 and 23, 2010

St. Mary’s Health Center
Kohler Auditorium
6420 Clayton Road
St. Louis, Missouri
Program

Friday October 22, 2010
7:15 a.m. Registration
8:00 Introductions and Welcome
Raul Artal, M.D.
8:15 Update on Estrogen Therapy After Menopause
Daniel R. Mishell Jr., M.D.
9:15 The ABCs of the PCOS
Michael Thomure, M.D.
9:45 Ovarian Cancer a Primer for the Generalist
Francisco Xynos, M.D.
10:15 Q & A
10:30 Break
10:45 I Don't Get Complications! What would I do if I had a Sling Complication?
Mary McLennan, M.D.
11:15 Challenges in GYN Surgery: Advancing Your Skills to Accomplish These Laparoscopically
Brigid Schwartz, M.D.
11:45 Q & A
12:00 p.m. Lunch
1:00 Urine...Our Thoughts
Andrew Steele, M.D.
1:30 Female Sexual Health: A Fresh Perspective
Mitul Shah, M.D.
2:00 What's Down There? A Review of Vulvar Conditions
Cheri LeFevre, M.D.
2:30 Q & A
2:45 Break
3:15 Confidentiality in Adolescent Care: State Law, HIPPPA and Insurance Bills: Oh My!
Jill K. Powell, M.D.
3:45 Overview of Chronic Pelvic Pain in Women
Yulia Lifits-Pordorozhansky, M.D.
4:15 Late Preterm Birth: How Big of a Problem
Erol Amon, M.D.
4:45 Q & A
5:00 Adjourn

Saturday October 23, 2010
7:15 a.m. Registration
7:50 Introduction
8:00 Reducing Risks During Laparoscopic Surgery
Andrew I. Brill, M.D.
8:45 Common Infections for the Practicing OB/GYN
Gregory Ward, M.D.
9:15 Stemming the Tide: Novel Approaches and Evidence Review of Obstetrical Hemorrhage
Gilad Gross, M.D.
9:45 Q & A
10:00 Break
10:30 Diabetes: The Epidemic comes to Obstetrics
Dorothea Mostello, M.D.
11:00 Hypertension in Late Pregnancy: Keep Your Own Blood Pressure in Control While Trying to Manage the Patient’s
Thomas Myles, M.D.
11:30 Q & A
12:00 p.m. Lunch
1:00 Pregnancy and Obesity: How Much Weight Gain is to Much
Raul Artal, M.D.
1:30 Delivery on Demand
Thinh Nguyen, M.D.
2:00 Twins: Double Trouble
Jaye Shyken, M.D.
2:30 Q & A
2:45 Break
3:15 Hold 'em or Fold 'em: Testing the Fetus
Emanuel Vlastos, M.D.
3:45 Critical Care Obstetrics: When to Call (The Other Doctor)
Jeffrey Greenspoon, M.D.
4:15 Cesarean Section, VBAC and Shoulder Dystocia: The Perfect Storm
Robert Blaskiewicz, M.D.
4:45 Q & A
5:00 Adjourn

COURSE DESCRIPTION
This conference provides updates on current issues in high-risk obstetrics, urogynecology, ovarian cancer and vulvar disease. Physicians involved in the care of obstetric and gynecologic patients will find this course helpful.

ACCREDITATION
Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CONTINUING MEDICAL EDUCATION CREDITS
Saint Louis University School of Medicine designates this educational activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

VALIDATION OF CONTENT
The course director of this activity has insured that the content of this presentation conforms to the ACCME policy requiring that (1) all recommendations involving clinical medicine are based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients, and (2) all scientific research referred to, reported or used in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection and analysis.

FACULTY DISCLOSURE POLICY:
It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following: The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed. Their intention to discuss a product that is not labeled for the use under discussion. Their intention to discuss preliminary research data. Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.
Conference Faculty

Guest Faculty
Andrew I. Brill, M.D. Medical Director Minimally Invasive Gynecology, Reparative Pelvic Surgery, and Surgical Education, California Pacific Medical Center, San Francisco, California
Daniel R. Mishell Jr., M.D. Professor, Obstetrics and Gynecology, Keck School of Medicine, University of Southern California, Los Angeles, California

Saint Louis University School of Medicine Faculty
Department of Obstetrics, Gynecology, and Women's Health

Erol Amon, M.D., J.D. Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine St. Mary's Health Center
Raul Artal, M.D. Professor and Chair, Obstetrics, Gynecology and Women's Health, Division Maternal Fetal Medicine, St. Mary's Health Center
Robert Blaskiewicz, M.D. Professor and Director, General Obstetrics and Gynecology, Department of Obstetrics Gynecology and Women's Health, St. Mary's Health Center
Jeffrey Greenspoon, M.D. Associate Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary's Health Center
Gilad Gross, M.D. Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary's Health Center
Cherie LeFevre, M.D. Associate Professor, Obstetrics and Gynecology Division of Urogynecology, St. Mary’s Health Center
Yulia Lifits-Podorozhansky, M.D. Assistant Professor, Obstetrics and Gynecology Division of Urogynecology, St. Mary’s Health Center
Mary McLennan, M.D. Professor, Residency Director, Director of Urogynecology, St. Mary’s Health Center

Dorothea Mostello, M.D. Associate Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary’s Health Center
Thomas Myles, M.D. Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary’s Health Center–Co-Program Director
Thinh Nguyen, M.D. Fellow, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary's Health Center
Jill K. Powell, M.D. Associate Professor, Obstetrics and Gynecology, Division of General Obstetrics and Gynecology, St. Mary's Health Center
Brigid Schwartz, M.D. Associate Professor, Obstetrics and Gynecology, Division of General Obstetrics and Gynecology, St. Mary's Health Center
Mitul B Shah, M.D. Associate Professor, Obstetrics and Gynecology, Division of General Obstetrics and Gynecology, St. Mary's Health Center
Joye Shyken, M.D. Associate Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary’s Health Center
Andrew Steele, M.D. Professor, Obstetrics and Gynecology, Division of Urogynecology, St. Mary’s Health Center
Michael Thomure, M.D. Associate Professor, Obstetrics and Gynecology, Director, Division of Reproductive Endocrinology and Infertility, St. Mary’s Health Center–Program Director
Emanuel Vlastos, M.D. Assistant Professor, Obstetrics and Gynecology, Division of Maternal Fetal Medicine, St. Mary’s Health Center
Donald G. Ward, M.D. Associate Professor, Obstetrics and Gynecology, Division of General Obstetrics and Gynecology, St. Mary’s Health Center
Francisco Xynos, M.D. Professor, Obstetrics and Gynecology, Division of Gynecologic Oncology, St. Mary’s Health Center

Conference Registration

Register Online, pay by credit card, receive instant confirmation number. Online registration instructions: Please go to the CME website at http://medschool.slu.edu/cme and click on 2010 events. Scroll down to the correct course and click on the online registration area.
Or pay by check:
☐ Check Enclosed Amount $
Make check payable to “Saint Louis University CME” Registrants will receive a letter of confirmation upon receipt of their registration and payment.
Send registration and payment to:
Saint Louis University School of Medicine
Continuing Medical Education
3839 Lindell Blvd. St. Louis, MO 63108

Registration fees: 2 Days 1 Day Half Day
Physicians $200.00 $100.00 $50.00
SLU Physicians $25.00
Registered Nurses
Non SLU Residents & Other Health Care Professionals $175.00 $75.00 $35.00
Fees include continental breakfast, lunch, breaks & conference materials. Lunch will not be provided for half day registrants.
Deadline for registration is October 9, 2010.

Name _____________________________
Phone Number _______________________
Profession __________________________
Affiliation __________________________
Department __________________________
Date of Birth _________________________
Email _______________________________
Address ______________________________
City ________________________________
State __________________ Zip Code _______
Special Needs ________________________

Method of Payments:

☐ Check Enclosed Amount $
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3839 Lindell Blvd. St. Louis, MO 63108
Saint Louis University Obstetrics and Gynecology Conference
Friday and Saturday October 22 and 23, 2010

LEARNING OBJECTIVES
Upon completion of this course, attendees will be better able to:

**Friday October 22, 2010**
- Review the etiology of PCOS
- Understand the principles of surgical management in ovarian cancer
- Describe treatment of mesh erosions
- Discuss different approaches for peritoneal access
- Understand the causes of female urinary incontinence and how each is diagnosed
- Evaluate and diagnose female sexual dysfunction
- Identify vulvar dystrophies
- Recognize barriers and limitations to providing adolescent confidentiality in various settings including offices/clinics, inpatient settings and emergency departments
- Describe common causes and evaluation of CPP
- Update on STD/PID

**Saturday October 23, 2010**
- Describe the outcome of late preterm birth
- Understand current definitions and prevalence of hemorrhage in obstetrical practice
- Interpret screening and diagnostic tests for gestational diabetes and classify diabetes mellitus in pregnancy
- Recognize the risk of obesity and pregnancy
- Methods available for induction of labor
- Complications of a twin pregnancy
- Antenatal surveillance options
- What is the purpose and implementation of perimortem cesarean delivery
- Articulate the risks and benefits of a trial of labor after a cesarean section

ADDITIONAL INFORMATION

**CANCELLATION POLICY**
Cancellations received in writing on or before Friday, October 9th, 2010 will be refunded in full. Cancellations received after that date will be subject to a $30.00 administrative fee. No refunds after October 16, 2010.

**PARKING AT THE WEST CAMPUS GARAGE ONLY**
Go south on Bellevue Avenue from Clayton Road. Turn right at the first entrance, prior to the 2nd floor sky bridge. Enter the garage straight ahead and take a ticket. The cost to park less than 5 hours will be $1.00. Five hours or more will be $5.00. For disability or special accommodations visitors may use the East or Front Valet parking.

To Conference: Cross Bellevue Avenue to enter the West Entrance of the hospital on the ground floor. Use the main elevators to go to the Kohler Auditorium on the second floor. Registration, vendor activity and breaks will be held in Meeting Rooms 1, 2, and 3.

**LODGING**
Guest rooms at a special rate of $125.00 (standard queen or king) are available at the Sheraton Clayton Plaza Hotel. To make reservations please call the hotel directly at (888) 337-1395. Please ask for the Saint Louis University OB/GYN Rate.
Location: 7730 Bonhomme Avenue, St. Louis, Missouri.

**FOR FURTHER INFORMATION**
Contact Rachel Schwab at Saint Louis University, phone: 314-781-4772 ext. 5, email: rschwab2@slu.edu or fax: 314-781-1330